

Michigan Assn. Play Therapy

February 29 – March 1, 2024

Continuing Education Packet

Instructions:

- ✓ A completed “*CE packet*” is required in order to receive continuing education credit. CE packets are accepted by **MAIL only**. Email/ scan packets will not be accepted.

What Does a Complete CE Packet Consist of ?

A complete CE Packet consist of:

1. Continuing Education Application Form
2. Evaluation form for EACH training in which you participate
3. Payment of the \$30.00 CE processing fee. Make checks payable to “*Institute Continuing Education*”

How Do I Submit my CE Packet ?

CE Packets are accepted by **MAIL only**, and should be postmarked not later than 45-days following the Conference.

Mail completed CE packets to:

The Institute for Continuing Education

P. O. Box 449

Montevallo, AL 35115

How Will I receive CE verification ?

Following receipt of your completed CE packet, *The Institute for Continuing Education* will process your application and a CE verification for the training(s) in which you participate. The mailing address you submit on the CE Application Form is used to mail your CE verification.

Attendance Monitoring

Sign In upon arrival **daily** on Attendance Sheets located at Registration. Sign Out **daily** on Attendance Sheets as you depart.

CE credit Available: Social Work; Counseling/MFT: NBCC provider 5643 - NBCC has approved this program; APT Provider 98-040; APT, Provider 98-040.

The Institute for Continuing Education

Questions: 800-557-1950 / email: instconted@aol.com

Application Form
Continuing Education Credit
Michigan Association for Play Therapy
February 29 – March 1, 2024
Lansing, MI

Contact Hrs. Offered: 6.00 hrs./ per day

Please Print Your:

Name: _____

Address: _____

City: _____ **State** _____ **Zip** _____

Office Telephone: (____) _____ **email:** _____

Request for Continuing Education Credit

I request continuing education credit verification in the professional discipline(s) of:

____ Social Work ____ Counseling ____ Play Therapy ____ MFT

State(s) in which you are licensed: _____

License Number: _____

will be included on certificate, if provided)

I hereby make application for continuing education credit. I understand that to be eligible for continuing education credit, I must comply with sign-in and sign-out requirements, and complete an evaluation of each activity attended. I understand it is my responsibility to determine if CE credit offered will meet the regulations of my licensing/certification board.

Check Your Attendance:

____ **THRS, Feb. 29, 2024**
(6.00 contact hrs.)

____ **FRI, March 1, 2024**
(6.00 contact hrs.)

____ **FRI, March 1, 2024**
AM: 3.00 hrs.

____ **FRI, March 1, 2024**
PM: 3.00 hrs.

Signature: _____

Date: _____

The Institute for Continuing Education
P. O. Box 449, Montevallo, AL 35115
800-557-1950 / e-mail: instconted@aol.com

Sandtray Play Therapy: A Powerful Tool for Healing Children and Families

9:00 a.m. – 5:00 p.m.

Tammi Van Hollander, LCSW, RPT-S

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	HIGH	Neutral	LOW		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced my professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

II. Learning Objectives: Stated learning objectives were met:					
1) Demonstrate an understanding of the history, theory, philosophical basis of, and rationale for sandtray play therapy	5	4	3	2	1
2) Describe sandtray play therapy materials including sand tray containers, miniature figurines, sand, and important toys for the playroom	5	4	3	2	1
3) Identify the 4 differences between directive and non-directive play therapy approaches	5	4	3	2	1
4) Summarize the polyvagal theory and identify three ways psychoeducation regarding neurobiology can deepen the healing work of clients	5	4	3	2	1
5) Identify at least 3 indicators of when to use a bottom-up approach and when top-down strategies are most beneficial	5	4	3	2	1
6) Describe 3 ways to process trauma in the sand tray play therapy process	5	4	3	2	1
7) Describe 2 interventions to process sand tray play therapy with preschool and school-aged children	5	4	3	2	1
8) Identify 3 ways to use sandtray play therapy with families	5	4	3	2	1
9) Differentiate sand play and sandtray therapy	5	4	3	2	1
10) Explain strategies for working with various client populations and client issues in the sandtray therapy process	5	4	3	2	1

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
III. Faculty: Tammi Van Hollander, LCSW, RPT-S					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
b) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risk of medications	5	4	3	2	1 N/A

IV. Overall Rating:					
a) This session met or exceeded my expectations	5	4	3	2	1
b) How much did you learn as a result of this CE program	a great deal	some		very little	
c) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful	

V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
d) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI. Comments About This Training: _____

Workshop A

8:30 a.m. – 4:15 p.m.

Diving Deeper into Sandtray Play Therapy: Reflection and Resiliency

Tammi Van Hollander, LCSW, RPT-S

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced personal and professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of training adhered to the advertised time and CE credit offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

III. Faculty: Tammi Van Hollander, LCSW, RPT-S					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risks of medications	5	4	3	2	1 N/A

	<i>HIGH</i>	<i>NEUTRAL</i>	<i>LOW</i>		
II. Learning Objectives: Stated learning objectives were met:					
1) Identify 3 key aspects of the neurobiological effects of trauma in relation to sand tray work and describe 3 ways to process trauma in the sand tray therapy process	5	4	3	2	1
2) Identify 3 ways to use sand tray work with families to increase connections and strengthen relationships	5	4	3	2	1
3) Identify a strength-based approach called Nurtured Heart Approach and incorporate it into play therapy practice	5	4	3	2	1
4) Explain at least 3 reasons why conventional methods to parenting, therapy	5	4	3	2	1

and teaching often fail with intense children, despite the best of intentions					
5) Describe how the Therapeutic Powers of Play strengthen the effectiveness of the approach by integrating different play therapy modalities	5	4	3	2	1
6) Identify at last 3 play therapy interventions inspired by NHA that enhance greatness and resilience for children and families	5	4	3	2	1
7) Explain how strengthening relationships and connections can be incorporated creatively using play therapy with children and families	5	4	3	2	1
8) Describe the use of praise, recognitions, and self-awareness to build resiliency in children in the playroom	5	4	3	2	1
9) State a basic understanding of neurobiology and its impact on regulation and behaviors	5	4	3	2	1
10) Demonstrate at least 4 play-based interventions to build resiliency in children, teens, and families in the playroom	5	4	3	2	1
11) Describe theoretical constructs that encourage resiliency and attachment in the play therapy room	5	4	3	2	1
12) List the therapeutic benefits of integrating The Nurtured Heart Approach into play therapy, counseling, and psychotherapy	5	4	3	2	1
13) Identify multicultural issues that come up during play therapy and effectively address them	5	4	3	2	1
14) Identify at least 2 effective strategies for dealing with common challenges that present in play therapy	5	4	3	2	1
15) Identify the benefits of integrating play therapy and expressive techniques	5	4	3	2	1

IV. Overall Rating:

a) This session met or exceeded my expectations	5	4	3	2	1
b) How much did you learn as a result of this CE program	a great deal	some	very little		
c) How useful was the content of this CE program for your practice and other professional development	extremely useful		not useful		

HIGH Neutral LOW

V. Logistics / Technology / Administration:

a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1
f) Registration went smoothly and the event was well managed	5	4	3	2	1

VI. Comments About This Training: _____

Concurrent Workshops
8:30 – 11:45 a.m.

Directions: Check the Session You Are Evaluating

- ___ Workshop B. Utilizing Play and Creative Arts therapy with Youth
Christine Zouaoui, M.A., RPT-S
- ___ Workshop C. Authenticity in the Playroom: The Importance of Connecting to Self in Play Therapy
Machen Champion, M.A., LPCC-S, RPT-S
- ___ Workshop D. Guiding Growth: Nurturing Play Therapy Supervision
Erica Wassenaar, M.A., RPT-S
- ___ Workshop E. Creating Harmony: Integrating Play Therapy, Music, and EMDR Strategies
Brian Bethel, M.A., RPT-S / Julie Oates, M.Ed., LPCC-S, RPT-S

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced personal and professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of training adhered to the advertised time and CE credit offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

II. Learning Objectives: Stated learning objectives were met: See Listing on Next page

1) Learning Objective #1 was met	5	4	3	2	1
2) Learning Objective #2 was met	5	4	3	2	1
3) Learning Objective #3 was met	5	4	3	2	1

	<i>HIGH</i>	<i>NEUTRAL</i>	<i>LOW</i>		
III. Faculty:					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risks of medications	5	4	3	2	1 N/A

IV. Overall Rating:

a) This session met or exceeded my expectations	5	4	3	2	1
b) How much did you learn as a result of this CE program	a great deal	some	very little		
c) How useful was the content of this CE program for your practice and other professional development	extremely useful		not useful		

V. Logistics / Technology / Administration:

a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1
f) Registration went smoothly and the event was well managed	5	4	3	2	1

VI. Comments About This Training: _____

Learning Objectives:

Following completion of this session, participants will be able to:

Workshop B: Utilizing Play and Creative Arts Therapy With Youth

1. Describe the use and focus of play therapy and creative arts therapy techniques in practice as a mental health professional
2. Identify strategies to explain to others the benefits of play therapy and creative art therapy techniques
3. Identify at least two ways to incorporate play therapy and creative art techniques into clinical practice

Workshop C. Authenticity in the Playroom: The Importance of Connecting to Self in Play Therapy

1. Define regulation and how this understanding impacts the play therapist's ability to co-regulate during play therapy sessions
2. Explain the role that congruence and authentic expression has throughout the play therapy process
3. Identify at least 2 strategies a play therapist can utilize to increase their capacity to offer co-regulation for child clients while tending to their own activation

Workshop D. Guiding Growth: Nurturing Play Therapy Supervision

1. Define play therapy supervision and differentiate play therapy supervision and play therapy consultation
2. Explain the rationale for play therapy supervision and describe the importance of play therapy supervision for play therapists-in-training
3. List and describe 4 characteristics of effective clinical supervisors; and explain the 3 main levels of the integrated developmental models of clinical supervision

Workshop E. Creating Harmony: Integrating Play Therapy, Music and EMDR Strategies

1. Demonstrate increased competencies specific to the integration of play therapy with other forms of creative and expressive therapies
2. Identify at least 3 specific play therapy techniques which incorporate music and EMDR strategies
3. Describe the skills of prescriptive matching of play therapy practices throughout various phases of EMDR facilitation

Concurrent Workshops
1:00 – 4:15 p.m.

***Directions:** Check the Session You Are Evaluating*

- ___ Workshop F. **Unleashing the Power of Animal Assisted Play Therapy™**
Mary Rottier, Ed.D., LPC, RPT-S
- ___ Workshop G. **The Heart of the Relationship: Child-Centered Play Therapy and the Power of Play**
Machen Champion, M.A., LPCC-S, RPT-S
- ___ Workshop H. **It Was a Dark and Stormy Night: Creating Therapeutic Metaphor in Play Therapy**
Rebecca Dickinson, Ph.D., LISW, RPT-S
- ___ Workshop I. **Play Therapy and School Violence: Finding Shelter in the Storm**
Brian Bethel, M.A., RPT-S / Julie Oates, M.Ed., LPCC-S, RPT-S

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	<i>HIGH</i>	<i>Neutral</i>	<i>LOW</i>		
I. Content / Relevancy/ Teaching Methods:					
a) Content was appropriate for intended audience	5	4	3	2	1
b) Content was consistent with stated learning objectives	5	4	3	2	1
c) Content included recent studies/findings/literature on topic	5	4	3	2	1
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g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1
h) Content was useful, applicable to practice, and enhanced personal and professional development	5	4	3	2	1
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1
k) Timeline of training adhered to the advertised time and CE credit offered	5	4	3	2	1
l) I would recommend this program to others	5	4	3	2	1

II. Learning Objectives: Stated learning objectives were met: See Listing on Next page

1) Learning Objective #1 was met	5	4	3	2	1
2) Learning Objective #2 was met	5	4	3	2	1
3) Learning Objective #3 was met	5	4	3	2	1

	<i>HIGH</i>	<i>NEUTRAL</i>	<i>LOW</i>		
III. Faculty:					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
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d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risks of medications	5	4	3	2	1 N/A

IV. Overall Rating:

a) This session met or exceeded my expectations	5	4	3	2	1
b) How much did you learn as a result of this CE program	a great deal	some	very little		
c) How useful was the content of this CE program for your practice and other professional development	extremely useful		not useful		

V. Logistics / Technology / Administration:

a) Conference facility was adequate and location was suitable for training	5	4	3	2	1
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c) Course/ training registration was user-friendly	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1
f) Registration went smoothly and the event was well managed	5	4	3	2	1

VI. Comments About This Training: _____

Learning Objectives:

Following completion of this session, participants will be able to:

Workshop F: Unleashing the Power of Animal Assisted Play Therapy™

1. Define Animal Assisted Play Therapy™ and articulate the training required for the AAPT play therapist
2. Identify the benefits of incorporating a therapy animal into a play session and identify ethical and legal considerations
3. Identify the availability of research on AAPT

Workshop G. The Heart of the Relationship: Child-Centered Play Therapy and the Power of Play

1. Define Child-Centered Play Therapy and explain how it varies from other theoretical approaches
2. Explain the developmental, neurobiological, and empirical rationale for utilizing Child-Centered Play Therapy
3. Identify and describe the use and rationale for Child-Centered Play Therapy skills, such as tracking, reflecting, and returning responsibility

Workshop H. It Was a Dark and Stormy Night: Creating Therapeutic Metaphor in Play Therapy

1. Describe the rationale for using metaphoric techniques with clients in play therapy
2. Create therapeutic metaphors for play therapy clients; and describe therapeutic metaphors and a generic model for designing therapeutic metaphors for clients
3. Describe how having a goal for a therapeutic metaphor is essential in designing stories to help play therapy clients; and describe the mutual storytelling techniques to retell a story told to them by a play therapy client in therapeutic way

Workshop I. Play Therapy and School Violence: Finding Shelter in the Storm

1. Demonstrate increased knowledge specific to facilitation of play therapy following a child's exposure to violence
2. Identify at least 3 specific play therapy techniques for incorporation in the academic environment following violent events
3. Demonstrate increase awareness of the curative powers of play therapy following traumatic events