



## 2019 MIAPT Annual Conference Friday-Saturday, February 15-16, 2019

Michigan Association for Play Therapy is proud to announce: **Paris Goodyear-Brown, LCSW, RPT-S** will be giving a 2 day presentation in the state of Michigan addressing Attachment and Trauma. Please join us for this rare opportunity to play with and learn from this author, esteemed presenter, and active play therapist.



**PRESENTED BY: Paris Goodyear-Brown, LCSW, RPT-S**

### **DAY 1: Friday, February 15 - Delight in Me: Play Therapy for Attachment Issues**

#### **OVERVIEW: Delight in Me: Play Therapy for Attachment Issues**

Many of the families we see for play therapy are so distressed by the time they enter treatment that parents and children are no longer able to enjoy each other. This workshop will focus on enhancing our capacities as clinicians to help children and their parents heal or enhance their attachment relationships with each other. Much of the time will be spent translating core attachment principles into practical play-based strategies for enhancing dyadic attunement, building connections, effectively soothing the child, lightening difficult discipline moments, creating and rehearsing coherent narratives, and maximizing delight. Practical ways to help parents become more effective co-regulators of their children will be described and modeled. Many dyadic nurturing games will be shared and practiced. Come prepared to play.

**LEARNING OBJECTIVES:** After attending this workshop, participants will be able to:

- 1) Describe two primary roles of play therapists in attachment work with children.
- 2) List six core parenting strategies (the SOOTHE strategies) that help parents co-regulate their children more effectively.
- 3) Describe three dyadic play therapy games that help children learn to wait on the giving and receiving of clear cues in communication.
- 4) Explain three play therapy games that give children experiences of receiving nurture from their parents.
- 5) List four play therapy activities that help parents and children build coherent trauma narratives together.
- 6) Apply information and skills acquired to clinical work in play therapy practice.

### **DAY 2: Saturday, February 16 - TraumaPlay<sup>SM</sup>: A Flexibly Sequential Play Therapy Model for Treating Traumatized Children**

#### **OVERVIEW: TraumaPlay<sup>SM</sup>: A Flexibly Sequential Play Therapy Model for Treating Traumatized Children**

TraumaPlay<sup>SM</sup> is a neurobiologically-informed play therapy treatment model that is grounded in the attachment relationship. An integrative play therapy paradigm translates evidence-informed trauma treatment with children into a flexible sequence of play-based modules. Each component represents an important dimension of trauma treatment and articulates both a specific treatment

goal and accompanying interventions. Both non-directive and directive approaches are incorporated. Clinical goals include increasing safety and security, augmenting adaptive coping, soothing the physiology, delivering gradual exposure in play-based ways, building coherent narratives, and addressing the thought life and are supported by a multitude of practical play therapy interventions.

**LEARNING OBJECTIVES:** After the workshop, participants will be able to:

- 1) Define TraumaPlay<sup>SM</sup> and describe this play therapy treatment model.
- 2) Articulate several self-directed ways in which children use the playroom to increase their sense of safety and security.
- 3) Describe five play therapy interventions that decrease a child's physiological arousal.
- 4) List five play therapy mediums that augment trauma narrative work with children and teens.
- 5) Explain four play therapy techniques that assist clients in challenging and restructuring cognitive distortions.
- 6) Apply skills and information acquired to clinical work in play therapy practice.

**PRESENTER BIOGRAPHICAL INFORMATION: Paris Goodyear-Brown, LCSW, RPT-S**

Paris Goodyear-Brown, the founder and director of Nurture House, is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 20 years of experience in treating families in need. While she specializes in treating trauma (sexual abuse, physical abuse, maltreatment and neglect) and attachment disturbances, she often provides help for anxious, angry or depressed children and teens.



A child development expert, she frequently provides parent consultation, dyadic assessment and parent coaching to help parents manage and resolve their children's behavior problems. She is an Adjunct Instructor of Psychiatric Mental Health at Vanderbilt University, guest lecturer for several universities in middle Tennessee, and has an international reputation as a dynamic speaker and innovative clinician. She provides play therapy and licensure supervision and consults with various school districts, agencies and mental health organizations to help develop play therapy programs and create more developmentally sensitive programming. With trainings in Morocco, Australia, and Sweden, as well as frequent domestic presentations, she is best known for developing clinically sound, played-based interventions that are used to treat a variety of childhood problems.

She has received the APT award for Play Therapy Promotion and Education. She is the author of multiple books, chapters and articles related to child therapy. Her newest books include *Tackling Touchy Subjects*, *the Handbook of Child Sexual Abuse: Identification, Assessment, and Treatment*, *Play Therapy with Traumatized Children: A Prescriptive Approach* and *The Worry Wars: An Anxiety Workbook for Kids and their Helpful Adults*. For the whole of her career, she has carried a vision of a place – a home – in which the space itself would help children and parents feel safe, nurtured and ready to do the deep work of healing. Although it looks like a playhouse – and her child clients call it “the kid’s palace” -the fun, highly playful environment helps the hard stuff go down easier.

## **FRIDAY NIGHT SUPERVISION**

**“Play Therapy Supervision toward RPT” with Karen Massoll, LPC, RPT-S**

**At Quality Suites – 7:00-9:00 p.m. – \$50**

**Supervision:** Two-hour supervision is available on Friday evening for an additional fee of \$50.00 with a minimum of 4 participants. These hours may count toward the supervision hours required for obtaining Registered Play Therapist status through the Association of Play Therapy, Inc. (APT) and/or Certified Play Therapist status through the International Board of Examiners of Certified Play Therapists (IBECPT).

**PIZZA MEET AND GREET:** Friday night following the conference, there will be a social gathering at the Quality Suites 5:30-7:00 p.m. Please register if you plan to attend so we can order enough pizza.

## **REGISTRATION MUST BE COMPLETED ONLINE**

**[www.miapt.org](http://www.miapt.org) –In the Events tab**

### **REGISTRATION COST:**

CE Processing Fee: \$20

Member:

One Day: \$145

Both Days: \$235

Non-Member:

One Day: \$165

Both Days: \$265

\*Student:

One Day: \$75

Both Days: \$120

\*A participant registering as “student” must be a full-time student at a college or university and provide a written letter from their University verifying the status.

\*\*A late fee of \$25 is added after 2/1/19

### **WORKSHOP LOCATION:**

Lansing Community College West Campus  
5708 Cornerstone Drive  
Lansing, MI 48917

### **WORKSHOP SCHEDULE:**

Register online at [www.miapt.org](http://www.miapt.org) – choose the Events tab

Payment information is available online. You can pay online or mail a check or money order after online registration is completed.

**HANDOUTS:** In an effort to reduce paper waste and be more “green,” our policy is to email all handouts. Please include a valid email address with your registration to receive the handouts.

**PHOTO RELEASE:** By registering for this conference, you are giving permission for MIAPT to use any photographs that are taken at the event containing your likeness for as long as MIAPT deems appropriate and desirable. Photographs may be used on the MIAPT website, social media pages, and/or newsletter for any purpose. By completing the registration, you are also consenting to waive any rights to the photographs indefinitely. If you do not wish to have your photo used, it is your responsibility to notify Angelita Valdez at registration of your request to be omitted.

**CANCELLATION POLICY:** All cancellations must be requested in writing and received no later than January 15, 2019. Cancellations are subject to \$25 processing fee. Substitutions may be made in writing for no additional cost. No refunds are given due to inclement weather.

**HOTEL INFORMATION:** Quality Suites, 901 Delta Commerce Drive, Lansing, MI. 48917. Attendees are responsible to make hotel reservations. The hotel number is 517-886-0600. Website: <http://www.qualitysuitslansing.com>.

**Michigan Association for Play Therapy:** MIAPT is a professional organization striving to advance the theory and practice of play therapy through activities such as conferences, seminars, and networking in order to serve the mental health needs of Michigan children, families, schools and communities. For more information on the Conference visit our website at [www.miapt.org](http://www.miapt.org).

**EXHIBITS:** Books and therapeutic materials will be on display and available for sale Friday & Saturday.

**CONTINUING EDUCATION:** This workshop for mental health professionals is co-sponsored by the MI Assn. Play Therapy and the Institute for Continuing Education. CE credit is offered for the disciplines listed below. The program offers 12.00 contact hours (6.00 hrs. per day). CE credit is awarded on a daily basis with full attendance required for the days attending. The CE processing fee is \$20 and may be included in the registration fee or paid on site. Application forms for CE credit will be available on site. CE verification is mailed to attendees following the program. To receive CE credit, participants must complete all CE paperwork, sign in/out at designated locations, and submit a completed evaluation of the program. If you have questions regarding CE credit, the program, learning objectives, or grievance issues, contact The Institute at: [instconted@aol.com](mailto:instconted@aol.com).

**NOTE:** *It is the responsibility of attendees to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.*

**Psychology:** The Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute maintains responsibility for the program. **Counseling:** The Institute is recognized by the Ohio Board Social Work and Counseling, provider RCS 030001. NBCC credit is not offered. **Social Work:** The Institute for Continuing Education, Provider 1007, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB Approval Period: 04-13-2018 - 04-13-2021. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this program will receive 6.00 clinical continuing education contact hours. **Marriage/Family Therapy:** The Institute is recognized by the Ohio Board MFT, Provider RTX 100501. **Play Therapy:** The Institute for Continuing Education is approved by The Association for Play Therapy to sponsor continuing education specific to play therapy. The Institute maintains responsibility for the program. APT Approved Provider 98-040. **Nursing:** The Institute for Continuing Education is an approved continuing education provider by the California Board of Nursing, Provider CEP 12646. It is the responsibility of nurses to check with their state board to determine if CE credit issues by an approved provider of the CA Board of Nursing, meet regulations of their board.

**ADA/Section 504:** If you have special needs, please contact Robin Bell at [mymiapt@gmail.com](mailto:mymiapt@gmail.com) or 517-489-1468.

**Skill Level:** Intermediate.