

2020 MIAPT East Regional Workshop

Friday, May 1, 2020

Experiential Trauma-Informed Play Therapy: Theory, Evidence, Assessment, and Treatment

Presenter: Gayla Ignacio, MA, LPC, Registered Play Therapist

OVERVIEW: Early infant and childhood trauma can have long-term developmental implications needing specialized treatment. Children and teens often do not have the language to express their experiences, but those with complex, relational trauma often do not even have cognitive memories of the trauma, thus cannot make sense of their own reactions and behaviors. This training will help you understand what happens to the brain and body when trauma occurs at an early and pre-verbal age, as well as how to recognize, assess, and treat this type of trauma. While the main focus will be on this topic, you will also be equipped to identify other types of trauma, as well as how to describe and empower parents to support the therapeutic process and how to therapeutically engage with their child. Finally, you will receive the practical help through group activities to ensure you walk away with the ability to implement the skills in your therapy sessions.

LEARNING OBJECTIVES: As a result of this workshop, participants will be able to...

1. Identify three portions of the brain and the forms of play therapy that can target each section of the brain for healing.
2. Define three types of trauma; explain each type of trauma to a parent; and communicate how play therapy is an appropriate treatment for each type of trauma.
3. Identify 2-5 developmental trauma screening tools appropriate to aid in creating a trauma-informed play therapy treatment plan.
4. Demonstrate three play therapy interventions that target the healing of developmental trauma.
5. Implement practical responses to trauma behaviors that may be demonstrated in a play therapy session.
6. Describe issues to keep in mind when setting up a play therapy room that is safe for significant trauma issues, child-centered play therapy, and attachment-based play therapy.

PRESENTER BIOGRAPHICAL INFORMATION:

Gayla Ignacio is a Licensed Professional Counselor at A Healing Place, having obtained her Masters of Arts in Counseling from Spring Arbor University, as well as completing a year of post-graduate work in trauma counseling. She has received specialized training from the Association of Play Therapy and the National Institute of Trauma and Loss in Children, and continues to receive training in neuropsychology and attachment. She has experience as a play therapist trainer and speaker, as well as experience teaching as an adjunct professor for Spring Arbor University.



In her thirty years of work with children, Gayla has specialized in intensive treatments for traumatized children – in the office, in homes, and at school. She has developed a deep respect for children and works passionately to educate and train newer clinicians in using children’s primary language: play. She leans toward humanistic and experiential therapies and believes academic education coupled with hands-on experience is the best learning modality. She strives to engage the head, heart, and hands of those with whom she works.

REGISTER: www.MIAPT.org

Experiential Trauma-Informed Play Therapy: Theory, Evidence, Assessment, and Treatment

REGISTRATION MUST BE COMPLETED ONLINE

www.miapt.org –In the Events tab

HANDOUTS: Our policy is to email all handouts. Please include a valid email address with your registration to receive the handouts. No paper copies of the handouts will be provided.

WORKSHOP LOCATION:

Washtenaw Community College
Conference Center
4800 E Huron River Dr
Ann Arbor, MI 48105

REGISTRATION COST:

CE Processing Fee: \$25

Member: \$110

Non-Member: \$130

*Student: \$60

*A participant registering as “student” must be a full-time student at a college or university and provide a written letter from their University verifying the status.

WORKSHOP SCHEDULE:

Registration: 8:30-9:00 am

Workshop Session: 9:00-10:30 am

Break: 10:30-10:45 am

Workshop Session: 10:45-12:15 pm

Lunch ON YOUR OWN: 12:15-1:30 pm

Workshop Session: 1:30-3:00 pm

Break: 3:00-3:15 pm

Workshop Session: 3:15-4:45 pm

End of the Workshop: 4:45 pm

FOOD: Food and snacks are NOT provided at this conference, so the registration fee has been reduced. You may bring your own food or go to a local restaurant during break.

Register online at www.miapt.org – choose the events tab

Payment information is available online.

PHOTO RELEASE: By registering for this conference, you are giving permission for MIAPT to use any photographs that are taken at the event containing your likeness for as long as MIAPT deems appropriate and desirable. Photographs may be used on the MIAPT website, social media pages, and/or newsletter for any purpose. By completing the registration, you are also consenting to waive any rights to the photographs indefinitely.

If you do not wish to have your photo used, it is your responsibility to notify Abby DuPree at registration of your request to be omitted.

CANCELLATION POLICY: Cancellations are subject to a \$25 processing fee. All cancellations must be requested in writing and received no later than April 15, 2020. Substitutions (sending someone else to attend) may be made in writing for no additional cost. No refunds are given due to inclement weather.

CONTINUING EDUCATION: This workshop for mental health professionals is co-sponsored by the Michigan Association for Play Therapy and the Institute for Continuing Education. CE credit is offered for the disciplines listed below. The program offers 6.00 CE contact hours, with full attendance required. The CE processing fee is \$25 and may be included in the registration fee or paid onsite. Application forms for CE credit will be available onsite. CE verification is mailed to attendees following the program. To receive CE credit, participants must complete all CE paperwork, sign in/out at designated locations, and submit a completed evaluation of the program. If you have questions regarding CE credit, the program, learning objectives, or grievance issues, contact The Institute at: instconted@aol.com.

NOTE: It is the responsibility of attendees to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.

Psychology: The Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute maintains responsibility for the program.

Counseling: The Institute is recognized as a provider of continuing education by the Ohio Board Social Work and Counseling, provider RCS 030001.

NBCC credit is not offered.

Social Work: The Institute for Continuing Education is recognized as a provider of continuing education by the Ohio Board of Social Work and Counseling, Provider RCS 030001.

Marriage/Family Therapy: The Institute is recognized by the Ohio Board MFT, Provider RTX 100501.

Play Therapy: The Institute for Continuing Education is approved by The Association for Play Therapy to sponsor continuing education specific to play therapy. The Institute maintains responsibility for the program. APT Approved Provider 98-040.

Nursing: The Institute for Continuing Education is an approved continuing education provider by the California Board of Nursing, Provider CEP 12646. It is the responsibility of nurses to check with their state board to determine if CE credit issues by an approved provider of the CA Board of Nursing, meet regulations of their board.

ADA/Section 504: If you have special needs, please contact Abby DuPree at mymiapt@gmail.com or 517-410-9810.

Skill Level: Beginner-Intermediate