

MIAPT Newsletter

MIAPT Annual Conference
Friday, February 22 – Saturday, February 23, 2013
Lansing Community College West Campus



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A Message from the President

Dear Friends and Colleagues,

As I sit before my window watching it snow I am reminded that cold and hardship are too often the familiar friends of children and adolescents. The work we do can be difficult, demanding and challenging but there are lovely rewards, too. When children express interest and pleasure in our playrooms, when they begin to develop relationships with us and when they demonstrate mastery over new skills and problem solving abilities, we delight in their progress, change and hope. These can be rejuvenating times for all of us.

Another source of renewal is continuing education. The MIAPT Board of Directors and the Annual Conference Committee are pleased to have Denise Filley as the keynote speaker this February. Additionally, we have a fantastic lineup of Saturday workshops and know that you will not be disappointed in those choices. Information on the 17th Annual Play Therapy Conference (the full brochure) follows. We hope you will make it a priority to attend and to network with colleagues from around the State.

I also want to remind you that the Annual Membership meeting will be held over lunch on Friday, February 22 at the Conference. The Board of Directors will be recognized, the budget reviewed, program announcements made, and a presentation made to the Outstanding Play Therapist of the Year. As always, we have a wonderful selection of vendors for your shopping pleasure, as well as door prizes, raffles, and a drawing for a Play Therapy in a Bag for one new member. There is something for everyone.

I look forward to seeing you at the Conference.

Victoria Fitton, President

Board of Directors

President	Victoria Fitton
Past-President	Karen Renzema
President-Elect	M. Kay Hannah
Secretary	Lindsay South
Treasurer	Heidi Weipert
Director-at-Large	Martha Shuberg
Administrative Assistant	Angela Fitton

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West Regional Conference

Engaging Adolescents: Play Therapy Techniques for Teens and Tweens - Brijin Garner

The West Regional MIAPT Workshop was held November 2 at Bethany Christian Services of Grand Rapids featuring Brijin Gardner. Approximately 50 people attended and received a wonderful, informational, fun and innovative education on play therapy. Brijin was very interactive with the group and kept everyone's attention throughout the day. Evidence of the success of this speaker and workshop are in the comments left on evaluations. Here are just a few:

- *Awesome presentation. Thank you for so many ideas.*
- *Speaker was very engaging. I enjoyed her spontaneity and the new ideas she shared with us.*
- *Speaker's energy was captivating and made the day very enjoyable.*
- *Lots of good and new ideas for working with this difficult population.*
- *Wonderful!!*
- *Excellent training. Brijin was informative and I am definitely interested in becoming a registered play therapist.*
- *Speaker was so fantastic. Incredible and engaging personality.*
- *This speaker surely has the ability to keep your attention. I've learned so many new techniques and can't wait to try them with my clients.*
- *I plan to highly recommend this to my agency.*

It seems to me that inviting Brijin to come again to Michigan would be a good idea. Who votes to have her back as a keynote in a few years? All in favor say, "Aye!"

Thank you to all who attended. Also thank you for your comments about the lunch both for and against. We value your input and try to do our best to bring not only quality speakers to a convenient location but also feed you well! Don't forget to register for the MIAPT Annual Conference, February 22 and 23. Check this newsletter or website for details. See you there!

Karen Renzema, LMSW RPT, MIAPT Past President, Program Chair

Networking News

Upper Peninsula: Not having meetings in the winter, due to driving concerns. They do plan to meet on Saturday, (February 23,) at the Annual conference, during the networking lunch time. Look for your color balloon and introduce yourself to other play therapists in your area. Contact person for this area is Jen Olmstead (jolmstead1000@gmail.com).

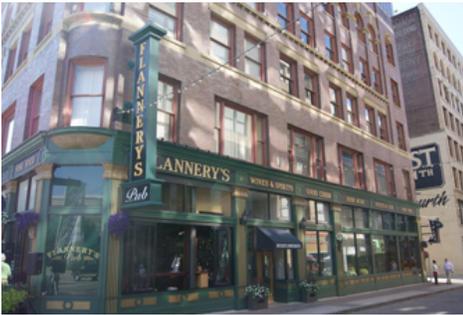
Northern Michigan: Meets quarterly on Friday mornings at the office of Pam Wolz, in Belaire. Please contact Earlene Blevins (blevins.earlene@gmail.com) for information and to get on their mailing list.

West Central: Currently do not have any activities planned but area leader, Jesilee Bonofiglio, is hoping to plan something soon. Please contact her at jrbonofiglio@yahoo.com for more information.

Central Michigan: Area leader for central Michigan is Julie Horvath. Please contact her at jhorvath460@earthlink.net for meeting information.

South East: No new information from this area. They do a lot of networking online. Area leader is Dr. Laura Hutchinson (drhutch@voyager.net).

South West: Area leader Lindsay South reports that this group meets on the first Tuesday of the month at Family and Children Services/Kalamazoo from noon to 1:00 pm. Their next meeting is Tuesday, February 5 for more information contact Lindsay at lsouth@charter.net.



MIAPT Members Attend APT “Cleveland Rocks”

The 29th Annual Association for Play Therapy International Conference was held October 2012 in Cleveland, Ohio. Forty-eight MIAPT members attended. On Thursday evening many of us walked to Flannery's Pub for a convergence of Michigan colleagues to share a meal and friendship. In attendance were Board of Director members, Karen Renzema, Jennifer Farley, Lindsay South and Victoria Fitton. Also in attendance were Kay Hannah, Karen Massoll, Lynette Lange, Kimberly Parkin, Laura Montane, Lorna King, Sarah Richards, Laura Hutchison, Phyllis and Chuck Schadler, Susan Carter, Elizabeth Moberg, and Brenda Slagell. We had good food, a great time, and wonderful conversation. The 30th Annual Conference will be held in Palm Springs, California, October 8-13. Make plans now to participate in this exciting international conference. And look forward to meeting with your Michigan colleagues.

MIAPT 17th Annual Play Therapy Conference

Friday Keynote Address:

Play Therapy with Sexually Abused Children and Interpersonal Trauma

This workshop will discuss special issues of children who have experienced sexual abuse as it relates to the play therapy process. Stages of play therapy will be reviewed; themes most often demonstrated in sessions with this population and methods/techniques to use in treating a sexually abused child through play therapy will also be included. Experiential activities will be presented to practice and learn play therapy techniques for use with individual, group and family in treating this population. Sensory and developmental approaches will be addressed in treatment planning.

Denise is the founder and Director of KC Play Therapy Institute. She has provided services using play at community mental health centers, churches and private practices for over 18 years. She has served on the KS APT board as President, Past President and Secretary as well as the national APT Membership Committee Chair and member of the APT Key Awards Committee. She is a 2007 graduate of the APT Leadership Academy and graduate of the Leadership 2000 program in Kansas. She has worked in private practice, schools, community mental health centers, residential treatment, runaway shelters, hospitals and churches. She has spoken to groups across the United States, Canada, the Caribbean and on television, radio and in newspaper interviews.



Friday Keynote Speaker: Denise K. Filley, MA



Friday Evening Supervision

Friday Evening Supervision for RPT Credential

DIANE FREY, PhD, RPT-S

Comfort Inn and Suites – 7:00-9:00 pm

\$50 additional charge – maximum of 10 participants

Supervision: Two-hour supervision is available on Friday evening with Diane Frey, PhD, RPT-S for an additional fee of \$50.00. Group is limited to a maximum of 10 participants with a minimum of 4 participants. These hours may count toward the supervision hours required for obtaining Registered Play Therapist status through the Association of Play Therapy, Inc. (APT) and/or Certified Play Therapist status through the International Board of Examiners of Certified Play Therapists (IBECPT).

MI Association for Play Therapy - is a professional organization striving to advance the theory and practice of play therapy through activities such as conferences, seminars, and networking in order to serve the mental health needs of Michigan children, families, schools and communities. For more information on the Conference visit our website at www.miapt.org.

Exhibits: Books and therapeutic materials will be on display and available for sale on Friday and Saturday.

ADA/Section 504: If you have special needs, please contact Victoria Fitton at 517-321-9838.

Saturday Workshop Descriptions

B=Beginner; I=Intermediate; A=Advanced Level

Individual group size may be limited by room capacity.

Workshops A and B are ALL DAY sessions. They will each continue during the afternoon session.

8:30-11:45 am (Break 10:00-10:15 am) and 1:00-4:15 pm (Break 2:30-2:45 pm)

- A. **Introduction to Sandtray-Worldplay™: An Experiential Workshop for Play Therapy (B/I)** - “Dikke” Hansen, LMSW, LMFT, Christina Johnson, MA, LPC, and Rachel Kowatch, MSW. (*ALL DAY SESSION*) Playing in the sand can be a powerful and transformational experience in play therapy. Sand play can be utilized by both children and adults because it does not require the ability to verbally express inner conflicts. It is a method to connect to our play therapy clients, learn about their worlds, and access their own abilities to heal from difficult life experiences. This experiential workshop is designed for those who are new to sandtray play, as well as those who are familiar but would like to deepen their use of sandtray play in their play therapy practice. *Participants should come prepared with 10-15 images they would like to use in the workshop, a camera, and a journal.*
- B. **Using Play Therapy to Help Adolescents (I)** – Diane Frey, PhD, RPT-S. (*ALL DAY SESSION*) This seminar will focus on play therapy techniques to use with adolescents. The rationale for using play therapy with this population will be explored as well as various theoretical orientations. Major emphasis will be placed on age specific techniques. Attention will be given to such topics as transitional objects in play, sandtray for adolescents, drama therapy, family play therapy, art, CDs, game play, card play and other play therapy techniques to engage adolescents.

MORNING WORKSHOPS – SELECT ONE

- C. **Play Therapy: Theories and Techniques (B)** – Dawn Chalker, MS, LPC, RPT-S. (*MORNING SESSION*) This workshop is designed to provide an overview of play therapy through the exploration of both non-directive and directive approaches. Participants will experience play therapy techniques that can be applied to different populations in clinical settings, schools, or private practice.
- D. **Supervision, Ethics and Self (A)** – Heather Maritano, LCSW, RPT-S. (*MORNING SESSION*) This presentation is designed to explore the self of the supervisor in order to enhance the quality and integrity for our play therapy work. We will discuss the complex nature of play therapy supervision, the various roles of a play therapy supervisor and how to mitigate risks inherent in providing play therapy supervision. There will be ample discussion around one's identity as a play therapy supervisor and the nuances of this role. Participants will be given prompts and unstructured time to engage in self-reflection regarding their own work. We will use case illustrations and discussion, with a focus on ethics in play therapy.
- E. **Connecting Creatively with Children, Adolescents and Families: Using Play Therapy and Drama Therapy Techniques to Expand Your Tool Kit (B/I)** – Tamiko Rothhorn, MA, RDT, LMFT and Kristi Davis, MA. (*MORNING SESSION*) This workshop will explore client-centered, experiential techniques with roots in play therapy, drama therapy and narrative therapy. Participants will have an opportunity for hands-on learning and will receive a detailed description of over twenty unique drama, play and narrative therapeutic interventions. Matching activities to different levels of client comfort will be addressed, as well as how to introduce drama and play activities throughout the therapeutic relationship.
- F. **All New Play and Art Therapy Techniques that Inspire Healing: For Adolescents and Adults (I/A)** – Christine Davis Zouaoui, MA, LPC. (*MORNING SESSION*) Art therapy has been used in mental health healing practices to help with healing for many years. In this experiential workshop participants will learn specific play and art therapy techniques that can be utilized immediately in play therapy practice. The art therapy techniques presented in this workshop will focus on use with adolescents and adults in individual, family, and group play therapy settings.

AFTERNOON WORKSHOPS – SELECT ONE

- G. **Using the Many Realms of Play in Created Families (I/A)** – Elizabeth Sawyer Danowski, LMSW, ACSW, RPT-S and Theresa Fraser, CYW, MA. (*AFTERNOON SESSION*) Families can be created through marriage/divorce, adoption, foster-care, death, disaster, relocation, and displacement. In this workshop we explore and “play with” integrative and psychodynamic play based interventions including sand tray play, client centered, directive, and narrative approaches that can assist created families in determining roles, rules and identity while they are “becoming.”
- Using Games in Play Therapy (B)** – M. Kay Hannah, PhD, RPT-S. (*AFTERNOON SESSION*) Commercial games such as Checkers, Pick-up Sticks, Rush Hour Jr., and Safari can be effective therapeutic tools to teach safety, problem solving, cause and effect, increasing attention and decreasing impulsivity in play therapy. Learn how to adapt commercial games and make games for specific play therapy clients and specific issues.
- H. **Cultivating Mindsight, Mentalization, Reflective Functioning and Intersubjectivity in Play Therapy through Storytelling Using Visual Images to Develop Secure Attachments (B/I)** – Myra Lawrence, PsyD. (*AFTERNOON SESSION*) Storytelling using visual images in play therapy enhances attunement, contingent, collaborative, reflective, emotional and reparative dialogue. Narrative approaches in play therapy and parent consultation cultivate mindsight, mentalization, reflective functioning and intersubjectivity, deepening a child's/parent's capacity to achieve secure attachments and develop understanding of and empathy for themselves and others.
- I. **Introduction to Filial Play Therapy (B/I)** – Elizabeth Thompson, LMSW, RPT-S. (*AFTERNOON SESSION*) Filial Play Therapy is an effective way to strengthen the bond between parent and child. It enhances the parents' ability to understand their child's internal struggles and emotions and to respond appropriately to their behavior. Participants will learn and practice skills utilized in teaching and supervising parents in special play sessions with their child.



The Workshop Presenters

Dawn Chalker, MA, LPC, RPT-S has worked as a play therapist for 20 years as an elementary school counselor and in private practice. She provides supervision for LLCs and play therapists and gives presentations to organizations. She served MIAPT as 3-year President-Elect, President and Past-President.

Elizabeth Sawyer Danowski, LMSW, ACSW, RPT-S trained and practiced in the U.S. with 2 years in England where she served as the Executive Director at an Infant Mental health Organization. She has 15 years experience working with children.

Kristi Davis, MA is a Drama Therapist Candidate, with a master's degree in Transpersonal Drama Therapy Studies, with a specialization in Psychoneuroimmunology. She is founder of Creative Spirit Healing, LLC – creative arts therapies and holistic health education to inspire healing of mind, body and spirit.

Theresa Fraser, CYM, MA is a Certified Child Psychotherapist and Play Therapist. She is President of the Canadian Assoc. for Child and Play Therapy and a Professor at Sheridan College. She is owner and lead therapist of Changing Steps.

Diane Frey, Professor Emeritus, Wright State University, PhD, RPT-S, licensed psychologist, has taught in the graduate school for 42 years. She served on the APT Board, editorial review board, and authored or co-authored 17 books, as well as numerous chapters and articles.

M. Kay Hannah, PhD, LLP, LPC, RPT-S brings more than 30 years of experience with preschool children through high school youth in a variety of settings. She has been an adjunct faculty at Spring Arbor, Michigan State and Grand Valley Universities.

“Dikke” Hanson, LMSW, LMFT is co-owner of Growing Edge Adventures, LLC, is currently in private practice and the coordinator of the Refugee Mental Health program at St. Vincent Catholic Charities with 15 years in Sandtray-Worldplay™.

Tina Johnson, MA, LPC is co-owner of Growing Edge Adventures and worked as a psychotherapist and administrator for over 30 years. She has 15 years of study in Sandtray-Worldplay™, which she uses extensively in practice and consultation.

Rachel Kowatch, MSW, LMSW worked for 12 years in child welfare where she continues to provide support and training to child welfare specialists. She is a therapist in a specialized clinical trauma program for children who have been adopted.

Myra M. Lawrence, PsyD is a Professor and Coordinator of the Child and Adolescent Minor at Argosy University Chicago where she has taught since 1987. She is founder and CEO of Shared Vision Psychological Services.

Heather Maritano, LCSW, RPT-S, has over 15 years experience with a variety of issues in individual and family therapy. She is a registered play therapist supervisor, president of the Indiana Association for Play Therapy, and adjunct at Indiana University.

Tamiko Rothhorn, MA, RDT, LMFT is a Drama Therapist and a Marriage and Family Therapist, with a master's degree in Counseling Psychology. She currently works with adolescents and their families in the Eaton County Juvenile Court system.

Elizabeth Thompson, LMSW, RPT-S has worked with children and families for the past sixteen years, in private practice for over twelve years using Filial Play Therapy to help many of her clients, including on site, Head Start facilities, Department of Human Services, schools and daycares, and conducted trainings in Northern Michigan.

Christine Davis Zouaoui, MA, LPC has been in private practice for 10 years and worked in school settings with at-risk students. Her training focused on play and art techniques in therapy which she's used to write a book on art and group therapy.

**IF WE DON'T STAND UP FOR CHILDREN, THEN WE DON'T
STAND FOR MUCH. ~ MARIAN WRIGHT EDELMAN**

The Registration Form

Name: _____ Current MIAPT Member? _____ YES _____ NO
 Agency: _____ Day Phone: _____
 Address: _____ Email (vital): _____
 City: _____ State: _____ Zip: _____ You must include a valid email address to register!

One registrant per form. Copy for additional registrants.

Workshops Saturday, February 23, 2013

(Choose All Day **OR** Morning/Afternoon Combo)

Indicate 1st and 2nd choice!! Workshop options listed above.

ALL DAY WORKSHOPS _____ A _____ B

SATURDAY AM 8:30 am—11:45 am _____ C _____ D _____ E _____ F

SATURDAY PM 1:00 pm—4:15 pm _____ G _____ H _____ I _____ J

I wish to have a _____ regular lunch or _____ vegetarian lunch on Friday.

I wish to have a _____ regular lunch or _____ vegetarian lunch on Saturday.

Payment: Check or money order payable to Michigan Play Therapy Assoc. must accompany Registration Form.

Please write legibly!

Send with payment to:

MIAPT Annual Conference
 5859 W. Saginaw Hwy. #162
 Lansing, MI, 48917

Phone: 517-321-9838 (Victoria Fitton)

Fax: 517-353-3038 (Attention: Victoria Fitton)

***Student Discounts** are available for students with a letter on University letterhead from their department certifying their active student status. No other documentation will be accepted.

FEES BEFORE FEBRUARY 15, 2013

Registration includes light continental breakfast, lunch, and snacks. Pay for CEUs here or at the conference.

Both Days	\$ _____
Member	\$235
Non-Member	\$265
Student*	\$100

Friday Only	\$ _____
Member	\$145
Non-Member	\$175
Student*	\$60

Saturday Only	\$ _____
Member	\$145
Non-Member	\$175
Student*	\$60

Continuing Education	\$ _____
	\$20

Supervision (\$50)	\$ _____
	\$50

Late Registration (\$25)	\$ _____
After February 15, 2013	\$25

TOTAL	\$ _____
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The Conference Schedule

Friday, February 22, 2013

8:00-8:30 am	Registration and Light Continental Breakfast
8:30-10:00 am	Denise Filley
10:00-10:15 am	Break and Exhibits (Snacks Provided)
10:15-11:45 am	Denise Filley
11:45-1:15 pm	Lunch (Provided) / MIAPT Annual Business Meeting
1:15-2:45 pm	Denise Filley
2:45-3:00 pm	Breaks and Exhibits (Snacks Provided)
3:00-4:30 pm	Denise Filley

Saturday, February 23, 2013

8:00-8:30 am	Registration and Light Continental Breakfast
8:30-10:00 am	Morning Workshops / All Day Workshops Begin
10:00-10:15 am	Break and Exhibits (Snacks Provided)
10:15-11:45 am	Morning Workshops / All Day Workshops
11:45-1:00 pm	Lunch (Provided) and Exhibits
1:00-2:30 pm	Afternoon Workshops / All Day Workshops
2:30-2:45 pm	Breaks and Exhibits (Snacks Provided)
2:45-4:15 pm	Afternoon Workshops / All Day Workshops

MIAPT New Members

Coleen Micklas, LLPC
Renee Wells, LPC
Laura Bailey, LLMFT
Cynthia Wadysz, LPC
Diana Steketee, LLP
Vickie Novell, LMSW
Thomas Sammon
Alison Cardeau, LLP
Tina Johnson, LPC
Janet Miles, LMSW
Lynn Steinhauer, LMSW

MIAPT Newly Credentialed RPT-S

Robin Felon, LMSW, RPT-S – Flint
Elizabeth Thompson, LMSW, RPT-S
– Traverse City

The Top Ten Reasons to Become an MIAPT Member

1. Reduced rates (save \$100) at the APT Conference - Cleveland Rocks 2012
2. Reduced fees (save \$20) for the West Regional Conference Friday, November 1, 2013 with Rise VanFleet
3. Reduced fees (save \$30) for the MIAPT Annual Conference, February 22-23, 2013
4. Networking experience with other play therapists both locally and nationally
5. Training experiences and continuing education with knowledgeable colleagues
6. Easy access to play therapy directories through APT for a referral base and networking
7. Access to evidence based research articles and play therapy best practices through APT: Research and Mining Reports
8. Access to recent examples of play therapy cases, playroom materials, clinical and professional articles, critical reviews, other news/information: Play Therapy Magazine
9. Access to original research, theoretical articles, and substantive reviews of topics germane to play therapy: International Journal of Play Therapy
10. Belonging to a group whose sole purpose is enhancing the lives of children and families

