

MIAPT Newsletter

Presentation Proposals Needed for MIAPT Annual Play Therapy Conference—Form on page 4



A Message from the President

With summer two-thirds over I am hoping that each of you have been able to take some time for relaxation and fun! I have just returned from Maine and New York City where time was spent on the beach, relaxing with friends, reading, sleeping, eating delicious lobster and shopping all with few time schedules. If you were in attendance at the East Regional Workshop on April 25, Victoria Fitton presented many expressive play therapy techniques that support self-care for mental health clinicians. She included many experiential exercises both for individuals and groups. Her evaluations were excellent! Thank you, Victoria, for sharing your knowledge with MIAPT members! Thank you too, Ruth Lendt and Ana Tindall, our co-chairpersons.

You will find the brochure for the **West Regional Workshop** to be held in Grand Rapids at Wedgwood with **Christine Zouaoui** as our speaker in this newsletter. The date is **Friday, October 17**. She has presented at several of our annual conferences, always receiving excellent evaluations. Her workshop will be different from those she has previously presented. We're looking forward to seeing you there! A big thank you to Ann Bixler and Jesilee Bonofiglio who are working hard as the co-chairpersons.

Board of Directors

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We welcome Robin Bell as our new annual conference co-chairperson with Nancy Lonsberry. Victoria is working with Robin this year to ensure another successful annual play therapy conference. We thank Victoria for her leadership and computer expertise in order for our conference registration process to be up to date!

The MIAPT Board has worked this spring and early summer to update our Operations Manual. Victoria Fitton has redesigned our website. If you haven't checked it out recently you need to check it out at www.miapt.org. In addition, Heidi Weipert, MIAPT Treasurer, is putting a detailed manual together for future MIAPT Treasurers.

Enjoy the rest of your summer – try to allow time for PLAY!

Kay Hannah

Need More APT CEU's?

Check out the large selection of CEU's from books and videos available at the APT website – www.a4pt.org. They can be completed at home or in the office according to your time schedule with the costs being very reasonable. The APT website also has an updated list of upcoming play therapy trainings available throughout the USA. MIAPT always would like to have more members with the RPT or RPT-S registration. If you have questions regarding the process, feel free to contact Victoria Fitton (fitton@msu.edu), Kay Hannah (khannah-mi@att.net) or any other RPT-S.

An Update from the Secretary

Greetings from your MIAPT Board! We have appreciated your participation in the past and hope that you choose to renew your membership; your renewal is essential to keeping our play therapy community in Michigan one of the most vital, regional chapters in the American Association for Play Therapy.

Your membership in MIAPT includes:

1. Reduced rates at the APT Conference in Houston, TX this Oct. 2014
2. Reduced fees (save \$20) for the West Regional Conference in Grand Rapids where Christine Zouaoui will present on art therapy on October 17, 2014. (www.miapt.org)
3. Reduced fees for our MIAPT Annual Conference in February 2013 at Lansing Community College, featuring nationally renowned play therapist Linda Homeyer who will present on Sand-Tray.
4. Opportunities to network with other play therapists nationally and in your region in

Michigan

5. Training experiences and continuing education with knowledgeable colleagues
6. Easy access to play therapy directories through APT for a referral base and networking
7. Access to evidence based research articles and play therapy best practices through APT: see Research Mining Reports
8. Access to recent examples of play therapy cases, playroom materials, clinical and professional articles, critical reviews, other news/information: Play Therapy Magazine
9. Access to original research, theoretical articles, and substantive reviews of topics germane to play therapy: International Journal of Play Therapy
10. Belonging to a group whose sole purpose is enhancing the lives of children and families.

Please feel free to contact me about any questions you have about your membership or a connection to your local MIAPT networking group. Thank you for your continued support.

Carmen Baldus, LP, RPT-S
MIAPT Secretary

Save the Dates – February 20-21, 2015

LINDA HOMEYER, Ph.D., LPCS, RPT-S will be the Friday Keynote Speaker for our 19th Annual Play Therapy Conference to be held at the Lansing Community College West Campus. The title of her keynote is **Playing Across the Ages: Sandtray Therapy for Everyone!** Her keynote will include identifying typical sandtrays of different developmental ages, guidelines for using sandtray therapy with clients across the lifespan, specific miniatures which are useful for various life stages, and developmental and related neuropsychological considerations. Dr. Homeyer will also be presenting an all day Saturday workshop – Where Do I Go From Here: Advanced Sandtray Therapy for the Play Therapist.

Dr. Homeyer is a Professor in the Professional Counseling Program at Texas State University where she serves as chair of the Department of Counseling, Leadership, Education and School Psychology. She has been an active member and has served on the Board of Directions as well as President of both the Association for Play Therapy and the Texas Association for Play Therapy. In addition she teaches internationally (India, Malaysia, South Africa, Australia, Mexico, Canada, Great Britain, Ireland, and Taiwan) and is a frequent conference speaker throughout the United States. Dr. Homeyer co-authored *Sandtray; A Practical Manual*, *The Handbook of Group Play Therapy*; *Play Therapy Interventions with Children's Problems*; and *The World of Play Therapy Literature* in addition to many book chapters and journal articles. Her work has been translated into Chinese, Russian, Korean and Spanish.

19th Annual Play Therapy Conference
February 21, 2015 – Lansing, Michigan
Saturday Presentation Proposal Form

Workshop Title: _____
 Level: _____ **Basic** _____ **Intermediate** _____ **Advanced**
 Length of Workshop: _____ **3 Hours** _____ **6 Hours**

Presenter Name and Title: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home: (____) _____ Business: (____) _____ Cell: (____) _____

Fax: (____) _____ Email: _____ Soc. Sec. # _____

Co-Presenter Name and Title: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home: (____) _____ Business: (____) _____ Cell: (____) _____

Fax: (____) _____ Email: _____ Soc. Sec. # _____

Please provide each of the following supporting documents with your proposal form:

1. **Title:** A play therapy specific title (that meets APT - CEU guidelines) appropriate to the workshop content (e.g., Play Therapy Techniques in the Treatment of Adolescent Self-Harm and Suicide Ideation). The words, *Play Therapy*, must be included in the title.
2. **Overview:** A description of your program that is no longer than 40 words to be used in the conference brochure. Be sure to make this play therapy specific to meet APT - CEU guidelines using the words, *Play Therapy*, descriptively in the overview.
2. **Abstract:** A summary of your presentation not to exceed two (2) pages, which will be used to evaluate your proposal.
3. **Objectives:** A list of 3-5 objectives for your presentation, i.e., what the participants will learn from attending the workshop. Be sure to make this play therapy specific to meet APT - CEU guidelines (e.g., As a result of this workshop, participants will be able to understand and assess the unique differences between self-harming behavior and suicide ideation utilizing play therapy materials). The words, *Play Therapy*, must be included in the objectives.
4. **References/Citations/Sources:** For your presentation – a minimum of three references.
5. **Biographical Sketch:** A brief description of your credentials you would like to be used to introduce you at the beginning of your presentation.
6. **Resume/Vitae:** For each of the presenters.

Presenter Benefit Package: The MIAPT Benefit Package includes a complimentary conference registration for each presenter, an honorarium of \$350 for a ½-day workshop and \$700 for a full-day workshop, one hotel room per workshop for Friday night, and travel allowance for out-of-state presenters and mileage reimbursement at the current IRS (Internal Revenue Service) amount for in-state presenters.

Please email your proposal with **complete** information by Sept. 15, 2014 to Victoria Fitton: fitton@msu.edu If you have any questions, please contact Victoria at 517-321-9838 or fitton@msu.edu

Current MIAPT Financial Statement

October 1, 2013 – May 29, 2014

Revenue – Total		\$37,944.40
Annual Conference Registrations	\$27,515.32	
West Regional Registrations	6,635.14	
East Regional Registrations	1,495.63	
Membership Dues	1,650.00	
Exhibits at Annual Conference	648.00	
Interest	.31	
Expenditures – Total		\$44,470.42
Annual Conference	\$29,369.60	
West Regional Workshop	7,053.56	
East Regional Workshop	1,924.25	
Newsletter	180.00	
Advertising	780.35	
Bank Charges	736.20	
Office Supplies	566.42	
General & Administration	2,179.59	
Travel – Board Members	1,170.45	
Other	510.00	
TOTAL BALANCE as of May 29, 2014		\$15,611.89
Fifth Third Checking Account	\$11,102.98	
Fifth Third Savings Account	4,508.91	

Suggested Books for Children: Medical/ Cancer

- Bakewell, L. & Bellenir, K. (Eds.). (2009). *Cancer Information for Teens: Health Tips about Cancer Awareness, Prevention, Diagnosis, and Treatment (Teen Health Series) (2nd ed.)*. Aston, PA: Omnigraphics Inc.
- Barber, N. (2009). *Going to the Hospital: The Big Day!* New York, NY: Powerkids Press.
- Deland, M. M. & Zivoin, J. (2010). *The Great Katie Kate Tackles Questions about Cancer*. Austin, TX: Greenleaf Book Group Press.
- Ditmars, M. R. (2010). *The Bald-Headed Princess: Cancer, Chemo, and Courage*.

- Washington, DC: Magination Press.
- Evans, M., Wichman, D., & Williams, G. (2010). *The Adventures of Medical Man: Kids' Illnesses and Injuries Explained*. Toronto, ON: Annick Press.
- Fead, B. H. & Hamermesh, T. M. (2010). *Nana, What's Cancer?* Atlanta, GA: American Cancer Society – Health Promotions.
- Ganz, P. & Scofield, T. (1996). *Life Isn't Always a Day at the Beach: A Book for all Children Whose Lives Are Affected by Cancer*. Lincoln, NE: High Five Publishing. Ages 9-12
- Kent, D. & Quinlan, K.A. (1997). *Extraordinary People with Disabilities*. New York, NY: Children's Press.
- Klein, N. C., & Holden, M. (2001). *Healing Images for Children Activity Book (Chronic Illness)*. Watertown, WI: Inner Coaching. Ages 9-12
- Loy, B.N. & Loy S.N. (2004). *487 Really Cool Tips for Kids with Diabetes*. Alexandria, VA: American Diabetes Association.
- Mareck, A. M. (2007). *Fighting for My Life: Growing Up with Cancer*. Minneapolis, MN: Fairview Press.
- Martin, C. (2001). *The Rainbow Feelings of Cancer: A Book for Children Who Have a Loved One with Cancer*. Prescott, AZ: Hohm Press. Ages 9-12
- McCowan, L. (2007). *Cancer Rhymes with Dancer*. West Valley City, UT: Envision Press.
- Mills, J. C. (2003). *Little Tree: A Story for Children with Serious Medical Illness*. Washington, DC: Magination Press.
- Murray, L., Howard, B., & Foxworthy, J. (2002). *Angels & Monsters: A Child's Eye View of Cancer*. Atlanta, GA: American Cancer Society – Health Promotions.
- Rogers, F. (1997). *Going to the Hospital: First Experiences*. New York, NY: Puffin Press.
- Rovere, A. (2012). *And Still They Bloom: A Family's Journey of Loss and Healing*. Atlanta, GA: American Cancer Society – Health Promotions.
- Sachedina, S. (2006). *Metu and Lee Learn about Breast Cancer*. Florida: Dr. Shenin Sachedina Medical Educational Products.
- Schmidt, R. C. (2003). *My Book about Cancer*. Oncology Nursing Society: Workbook Edition.
- Silver, A., Silver, E., & Silver, A.R. (2007). *Our Dad Is Getting Better*. Atlanta, GA: American Cancer Society – Health Promotions.
- Silver, A., Silver, E., & Silver, A.R. (2007). *Our Mom Is Getting Better*. Atlanta, GA: American Cancer Society – Health Promotions.
- Turlo, J. (2011). *Ray D. Ology Lights the Way Through the Medical Imaging World for Children and Parents*. Bothell, WA: RadWriterPublications.



MASK MAKING: ENGAGING RESISTANT ADOLESCENTS AND ADULTS USING PLAY AND ART THERAPY**OVERVIEW:**

Resistant clients can be difficult and frustrating to work with. Art and play offer unique ways of building emotional trust with them, growing the therapeutic relationship. In this experiential workshop, you will learn a five-week mask making project used to enable clients to process through various clinical issues and cognitive responses; it allows clients quiet reflection time. Journaling is part of mask making and a powerful tool to help clients feel empowered to make necessary changes in their lives. This workshop demonstrates how to create and process each layer of the mask building. Case studies, history and the advantages of incorporating play and art therapy into ones practice will also be discussed. This presentation will give mental health providers many new tools that can be used immediately in play therapy practice with individuals, groups and families.

LEARNING OBJECTIVES:

As a result of this workshop, participants will be able to...

1. Cite the use and focus of play and art therapy techniques in practice as a mental health professional.
2. Incorporate play and art therapy techniques into current practice with adolescents and adults.
3. Demonstrate the skill to explain to others the benefits of play and art therapy techniques being used.
4. Demonstrate how to use these techniques in a variety of ways with various issues by adjusting the journaling questions or "layer" focus.
5. Explain how using the mask making in therapy can enhance working with clients who may be resistant, and help with personal insight.

BIOGRAPHICAL INFORMATION:

Christine Davis Zouaoui, LPC, has been in private practice for over 14 years. Her experience includes working with children, adolescent and adults in a variety of issues including trauma. In addition to her counseling degree Christine has taken numerous trainings in the use of play and art therapy techniques. Christine presents in many venues including schools, adoption support groups, daycare providers and other mental health professionals teaching about Art Therapy Techniques and The Nurtured Heart Approach by Howard Glasser. Recently Christine finished, and is in the process of publishing, an e-book on the use of art therapy techniques in individual and group therapy. *Healing With Creativity: When Talking Just Isn't Enough* will be available for most e-readers.

CANCELLATION POLICY: All cancellations must be requested in writing and received no later than October 12th, 2014. All cancellations are subject to a \$25 processing fee. Substitutions may be made in writing for no additional cost. No refunds will be given due to inclement weather.

ADA/ Section 504: For special accom-modations, please contact Victoria Fitton via email at: fitton@msu.edu or call: (517) 321-9838.

Directions to Wedgewood Christian Services
3300 36th Street, SE, Grand Rapids, MI 49512:

From the South: US 131 N; exit #79; right onto 44th St.; make U-turn; first right onto Shaffer Ave SE; right onto 36th St.

From the North: exit 89A; merge onto I-96 E/M-37 S toward Lansing; exit #38 for M-44/M-37 S/East Belt Line Ave; right onto M-37 S/M-44 W/E Beltline Ave; follow M-37 S; right onto 36.

From the East: I-96 E; exit 44 toward 36th St.; right onto 36th St.

WORKSHOP SCHEDULE:

Registration 8:00-8:30 am
Announcements 8:30-8:45 am
Workshop Session 8:45-10:15 am
Break 10:15-10:30 am
Workshop Session 10:30-12:00 pm
Lunch 12:00-1:15 pm
Workshop Session 1:15-2:45 pm
Break 2:45-3:00pm
Workshop Session 3:00-4:30 pm
End of the Workshop 4:30 pm

CONTINUING EDUCATION...

A workshop for mental health professionals is co-sponsored by the Michigan Association for Play Therapy and The Institute for Continuing Education. Continuing education credit is offered in the disciplines listed below. The program offers 6 contact hours, with full attendance required. The continuing education processing fee is \$20.00 per person and may be included in the registration fee by checking the appropriate box. Applications for continuing education credit will be available at check in; attendees are required to sign-in upon arrival and sign-out upon departure on attendance sheets provided at the workshop registration area. If you have questions regarding continuing education credit, the program, presenters, or for a listing of learning objectives, please contact The Institute at: 800-557-1950; e-mail: instconted@AOL.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute maintains responsibility for this program and its content.

Counseling: The Institute for Continuing Education is an NBCC approved continuing education provider (ACEP™) and co-sponsor of this event. The Institute for Continuing Education may award NBCC clock/contact hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for this program and its content. NBCC Provider No. 8643.

Social Work: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org, 1-800-225-6880, though the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for licensure renewal. ASWB Provider No. 1007.

Marriage Family Therapy: The Institute for Continuing Education is an approved provider by the California Board of Behavioral Sciences, Provider PCE 636.

Play Therapy: The Institute for Continuing Education is an approved provider of continuing education by The Association for Play Therapy. APT Provider No. 98-040.

Nursing: The Institute for Continuing Education is an approved provider of continuing education in nursing by California Board of Nursing, Provider CEP 12646. Nurses are responsible for checking with state board to determine if credit issued through an approved provider of the CA Board of Nursing, is accepted.

Skill Level: This event is appropriate for mental health professionals of all skill levels.